

# Greater New Orleans Area Lactation Visits

## Outpatient Clinic Visits

### Hospital Breastfeeding Centers/ Lactation Consultants:

Call the hospital you delivered at to receive a phone consultation or schedule an in-person appointment (fee may apply for appointment \$50-\$80).

- **Touro Infirmary:** (504)897-8130
- **East Jefferson General Hospital:** (504)503-4323
- **Ochsner Medical Center- Baptist:** (504)842-5210
- **Ochsner Medical Center- West Bank:** (504)391-5195
- **Ochsner Medical Center- Kenner:** (504)464-8345
- **Tulane-Lakeside Hospital:** (504)780-4365
- **West Jefferson Medical Center:** (504)349-6004

### New Orleans Breastfeeding Center:

NOBC offers a mixture of in-clinic appointments with an IBCLC, support circles, classes, drop-in clinics, and home visits from CLCs. See website to schedule an appointment or for more details.

- [www.nolabreastfeedingcenter.org](http://www.nolabreastfeedingcenter.org)
- 6100 Canal Blvd, Suite 205, New Orleans, LA 70124
- (504) 515-1243
- [info@nolabreastfeedingcenter.org](mailto:info@nolabreastfeedingcenter.org)

**COVID-19 Availability: All visits and groups are virtual. Limited in-clinic weight checks and some home visits available as needed**

# Home Visitation

## Chelsey Leruth

CLC, Initial: 1 hour 30 minutes (\$75)

- <http://www.nolamilkmom.com/services/>
- (504) 814-1281
- [chelseyleeruth@nolamilkmom.com](mailto:chelseyleeruth@nolamilkmom.com)

**COVID-19 Availability: Virtual ONLY**

## Birthmark Doula Collective:

CLCs, Lactation Package \$150 (initial visit, follow up, and weighted feeding at both). Sliding scale available

- [www.birthmarkdoulas.com](http://www.birthmarkdoulas.com)
- (504) 457-8332
- [admin@birthmarkdoulas.com](mailto:admin@birthmarkdoulas.com)

**COVID-19 Availability: Virtual visits; in-person visits for clients who do not have access to a phone or internet**

## The Mother's Nest, LLC

IBCLC, Office visit: \$65 for the first hour, each half hour thereafter \$30. In-home visit: \$75 for the first hour, each half hour thereafter \$35. Virtual: \$40

- <http://themothersnest.vpweb.com>
- (504) 237-3131
- [themothersnest@gmail.com](mailto:themothersnest@gmail.com)

**COVID-19 Availability: In-home or Virtual**

## Nola Nesting

IBCLC and CLC Lactation Counselors, \$70/hour, \$75/virtual, \$100/home

- <http://www.nolanesting.com/breastfeeding-support/>
- (504) 655-1819

**COVID-19 Availability: In-home, In-office (client specific), and Virtual**

## TBEARS (Formerly "FUSSY Baby")

Free in-home counseling for parents by a trained counseling team, with focus on parent-infant relationships. A program of Tulane university.. No income requirement. Serves pregnant women and children under the age of 2.

- [www.tbears.org](http://www.tbears.org)
- (504) 988-9222
- [tbears@tulane.edu](mailto:tbears@tulane.edu)

**COVID-19 Availability: Virtual only either by phone or Zoom**

## Questions to ask a lactation counselor:

- Do you have experience with similar issues?
- What is your level of certification? A CLC (Certified Lactation Counselor) has 45 hours of Lactation training and can assist with many General Lactation issues, and refer if needed. An IBCLC (International Board Certified Lactation Consultant) has 90 hours of Lactation training, plus 1000 hours of clinical, and may be able to assist with more complicated lactation issues.
- Do you charge an extra fee to come to my home?
- Do you bring an accurate baby scale to the visit, if needed?